

Fundamental Knowledge of *Abhidhamma*

**Lesson – 26 –**  
**The Process Of Mentality**

Collected By Ven.Paññādhikālaṅkāra

1

Suggested reading - CMA. p -110

Handbook of *Abhidhamma* Studies – {Vol-I p-335 - 337}

## Combinations

(1) *Sampayoga-naya* – – (*Cetasika-Citta* combination)  
– Association of Mental Factors

16- *Nayas* ≡ *Aññasamāna*-{7} *Akusala*-{5} *Sobhana*-{4}

(2) *Saṅgaha-naya* – – (*Citta-Cetasika* combination)  
– Combinations of Mental Factors

33 - *Nayas* ≡ *Lokuttarā*-{5} *Mahaggata*-{5}  
*KāmāvacaraSobhana*-{12} *Akusala*-{7} *Ahetuka*-{4}

## 52 – Mental Factors Linked with the 89/121 *Cittas*

**(1) *Aññasamāna-Cetasikas***  
(Ethically variable factors)  
– 13

➤ Seven (Universals -7)-  
are linked with every type of consciousness.

➤ Six (Occasionals - 6) –  
are linked in the appropriate ways..

**(2) *Akusala-Cetasika***  
(Unwholesome factors) – 14

Forteen are linked only with the unwholesome types  
of consciousness.

**(3) *Sobhana-Cetasika***  
(Beautiful Factors) – 25

The Beautiful factors are linked only with the beautiful  
types of consciousness.

## The *Cittas* Linked with the Mental Factors = {33 Nayas}

(1) <i>Lokuttarā-Citta</i> – 40 (Supramundane Cittas)	<div>➤ <i>Aññasamāna</i> – 13 +</div> <div>Beautiful Factors except two <i>Appamaññā</i> – 23 = 36</div>	{5} Naya
(2) <i>Mahaggata-Citta</i> (Sublime Cittas) – 27	<div>➤ <i>Aññasamāna</i> – 13 +</div> <div>Beautiful Factors except three <i>Viratī</i> – 22 = 35</div>	{5} Naya
(3) <i>Kāmāvacara-Sobhana-Citta</i> (Sense-sphere Beautiful Cittas) – 24	<div>➤ <i>Aññasamāna</i> – 13 +</div> <div>Beautiful Factors – 25 = 38</div>	{12} Naya
Non-beautiful - 30 { (4) <i>Akusala-Citta</i> (Unwholesome Cittas) – 12 (5) <i>Ahetuka-Citta</i> (Rootless Cittas) – 18	<div>➤ <i>Aññasamāna</i> – 13 +</div> <div>Unwholesome Factors – 14 = 27</div>	{7} Naya
	<div>➤ <i>Aññasamāna</i> except <i>Chanda</i> – 12</div>	{4} Naya

## Mixture of Two Methods (*Missakanaya*) {by Visuddārāma Sayardaw}

➤ *Phassa* (contact) ➤ All 89 - *Cittas* → 52 mental factors (except *Phassa* itself) = 51

*Vedanā – Saññā – Cetanā – Ekaggatā – Jīvitindriya – Manasikāra* = 51 except themselves

❖ *Vitakka* (Initial application) ➤ 55 - *Cittas* → 52 mental factors (except *Vitakka* itself) = 51  
*Vicāra* (same as *Vitakka*)

❖ *Adhimokkha* (Decision) ➤ 78 - *Cittas* → 51 mental factors except *Vicikicchā* (and itself) = 50

❖ *Vīriya* (Energy) ➤ 73 - *Cittas* → 52 mental factors (except *Vīriya* itself) = 51

❖ *Pīti* (Zest) ➤ 51 - *Cittas* → 47 mental factors (except *Pīti* itself) = 47  
*(Dosa, Issā, Macchariya, Kukkucca, Vicikicchā, and Pīti)*

❖ *Chanda* (Desire) ➤ 69 - *Cittas* → 51 mental factors except *Vicikicchā* (and itself) = 50

### Mixture Method of *Akusala*

➤ ***Moha*** (Delusion) ➤ **12 -*Akusala Cittas*** → 27 mental factors (except itself) = 26  
*Ahirika – Anottappa – Uddhacca* = 26 except themselves

❖ ***Lobha*** (Greed) ➤ **8 -*Lobhamūla Cittas*** → 22 mental factors (except itself) = 21  
 (exceptions (6) = (*Dosa, Issā, Macchariya, Kukkucca + Vicikicchā, and Lobha* )

❖ ***Diṭṭhi*** (Wrong view) ➤ **4 - *Diṭṭhigata-sampayutta Cittas*** → 21 mental factors (except itself) = 20  
 (exceptions (7) = (*Dosa, Issā, Macchariya, Kukkucca + Vicikicchā, Māna, and Diṭṭhi* )

❖ ***Māna*** (Conceit) ➤ **4 - *Diṭṭhigata-Vippayutta Cittas*** → 21 mental factors (except itself) = 20  
 (exceptions (7) = (*Dosa, Issā, Macchariya, Kukkucca, Vicikicchā, Diṭṭhi, and Māna* )

❖ **Dosa** (Hatred) ➤ **2 - Dosamūla Cittas** → 22 mental factors (except itself) = 21  
(exceptions (6) = (*Pīti, Lobha, Diṭṭhi, Māna, Vicikicchā*, and *Dosa* )

❖ **Issā** (Envy) ➤ **2 - Dosamūla Cittas** → 22 mental factors  
(except itself and *Macchhariya, Kukkucca*) = 19  
(exceptions (6) = (*Pīti, Lobha, Diṭṭhi, Māna, Vicikicchā*, and *Dosa* )

**Macchhariya, Kukkucca** have the same method of **Issā**.

(Each of them can arise with 19 mental factors)

➤ **Thina** (Sloth) ➤ **5 -Sasaṅkhārika Cittas** → 26 mental factors (except itself) = 25  
(exceptions (2) = (*Vicikicchā*, and *Thina* )

**Middha** (Torpor) = 25 (exceptions are *Vicikicchā*, and *Middha*)

❖ **Vicikicchā** (Doubt) ➤ **1 -Vicikicchā-sahaga Cittas** → 15 mental factors (except itself) = 14  
(exceptions (13) = (*Adhimokkha, Pīti, Chanda + Lobha, Diṭṭhi, Māna + Dosa, Issā, Macchhariya, Kukkucca + Thina, Middha* and *Vicikicchā*)

### Mixture Method of *Sobhana*

➤ *Saddhā* (Faith) ← ➤ 59 -*Sabhana Cittas* → 38 mental factors (except itself) = 37

All other universal beautiful mental factors have the same method of *Saddhā*. (37)

➤ *Sammā-vācā*  
(Right speech) ← ➤ 16 - *Cittas* → 38 mental factors  
(except itself + *and two appamaññā*) = 35

*Sammā-kammanta* + *Sammā-ājīva* have the same method of *Sammā-vācā*.

➤ *Karuṇā*  
(Compassion) ← ➤ 28 - *Cittas* → 38 mental factors  
(except itself + *Muditā and three Viratī*) = 33

*Muditā* (Appreciative joy) has the same method of *Karuṇā*. (33)

❖ *Paññā*  
(Wisdom Faculty) ← ➤ 59 -*Sabhana Cittas* → 38 mental factors (except itself) = 37

Same as *Saddhā*

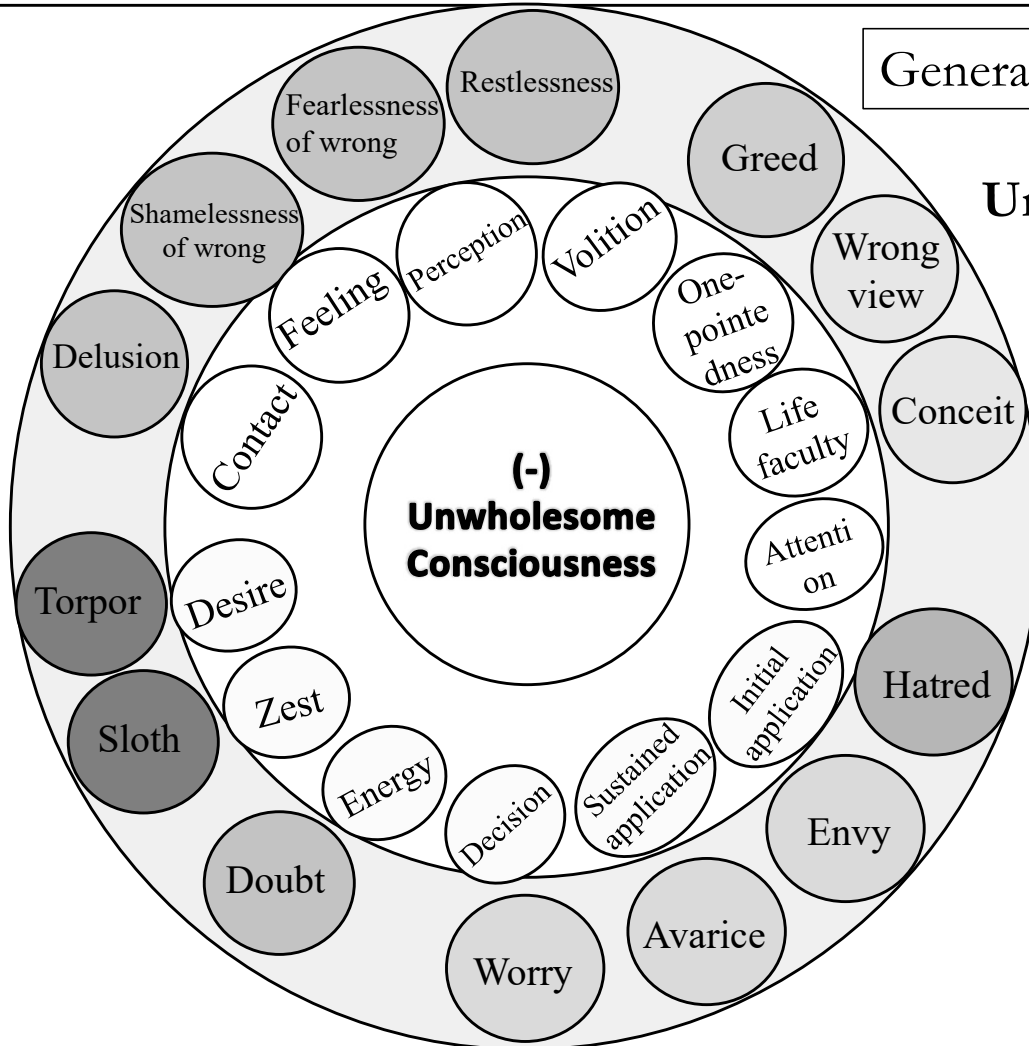


## General description of *Akusala Citta*

### Unwholesome Citta – 12

➤ *Aññasamāna* – 13 +

Unwholesome Factors – 14 = 27



## The combinations of Unprompted (*Asañkhārika*) *Cittas* – 5

Lesson - 25

(1) Accom...by joy- Asso.. with wrong view - unprompted	First unprompted	<i>Aññasamāna</i> – 13 + universal unwholesome – 4 + greed , and wrong view (2) = 19	1 <sup>st</sup> Naya
(3) Accom...by joy- Disso.. from wrong view - unprompted	Second unprompted	<i>Aññasamāna</i> – 13 + universal unwholesome – 4 + greed , and conceit (2) = 19	2 <sup>nd</sup> Naya
(5) Accom...by equanimity- Asso.. with wrong view - unprompted	Third unprompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + greed , and wrong view (2) = 18	3 <sup>rd</sup> Naya
(7) Accom...by equanimity- Disso.. from wrong view - unprompted	Fourth unprompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + greed , and conceit (2) = 18	4 <sup>th</sup> Naya
(9) Accom...by displeasure- Asso.. with Aversion - unprompted	Fifth unprompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + Hatred, envy, avarice, worry (4) = 20	5 <sup>th</sup> Naya

## The combinations of prompted (*Sasaṅkhārika*) *Cittas* – 5

(2) Accom...by joy- Asso.. with wrong view - prompted	First prompted	<i>Aññasamāna</i> – 13 + universal unwholesome – 4 + greed , and wrong view (2) + sloth and torpor (2) = 21	1 <sup>st</sup> Naya
(4) Accom...by joy- Disso.. from wrong view - prompted	Second prompted	<i>Aññasamāna</i> – 13 + universal unwholesome – 4 + greed , and conceit (2) + sloth and torpor (2) = 21	2 <sup>nd</sup> Naya
(6) Accom...by equanimity- Asso.. with wrong view - prompted	Third prompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + greed , and wrong view (2) + sloth and torpor (2) = 20	3 <sup>rd</sup> Naya
(8) Accom...by equanimity- Disso.. from wrong view - prompted	Fourth prompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + greed , and conceit (2) + sloth and torpor (2) = 20	4 <sup>th</sup> Naya
(10) Accom...by displeasure- Asso.. with Aversion - prompted	Fifth prompted	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + universal unwholesome – 4 + Hatred, envy, avarice, worry (4) + sloth and torpor (2) = 22	5 <sup>th</sup> Naya

## The Combinations of Delusion-rooted *Cittas* (*Mohamūla Cittas*) – 2

(12)

Accom...by equanimity-  
Asso.. with restlessness -

*Aññasamāna* except *Chanda* and *Pīti* – 11 +  
universal unwholesome – 4 + = 15

6<sup>th</sup> Naya

(11)

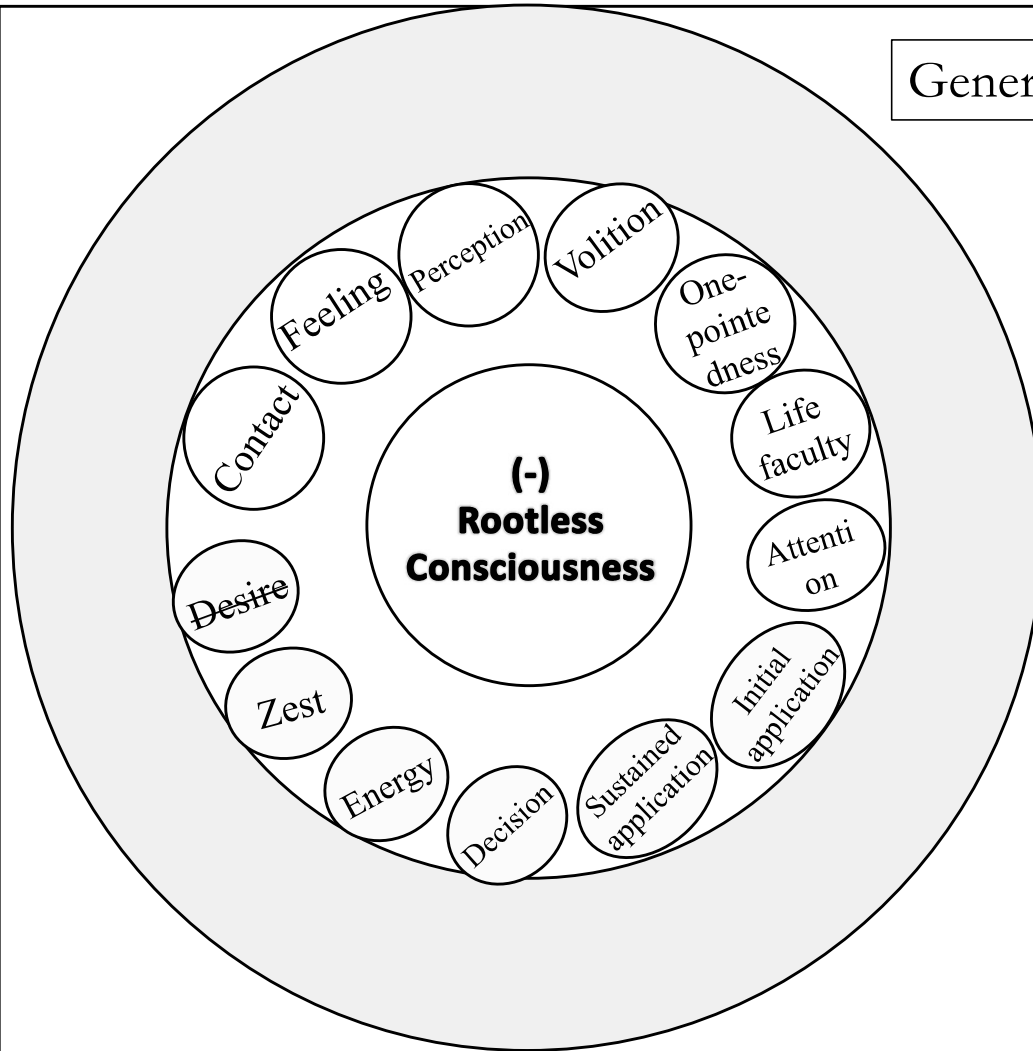
Accom...by equanimity-  
Asso.. with doubt -

*Aññasamāna* except *Chanda*, *Pīti* and *Adhimokkha* – 10 +  
universal unwholesome – 4 + doubt (1) = 15

7<sup>th</sup> Naya

The order of two delusion-rooted cittas are reversed in the Abhidhammattha-saṅgaha text of this section.

## General description of *Ahetuka Citta*



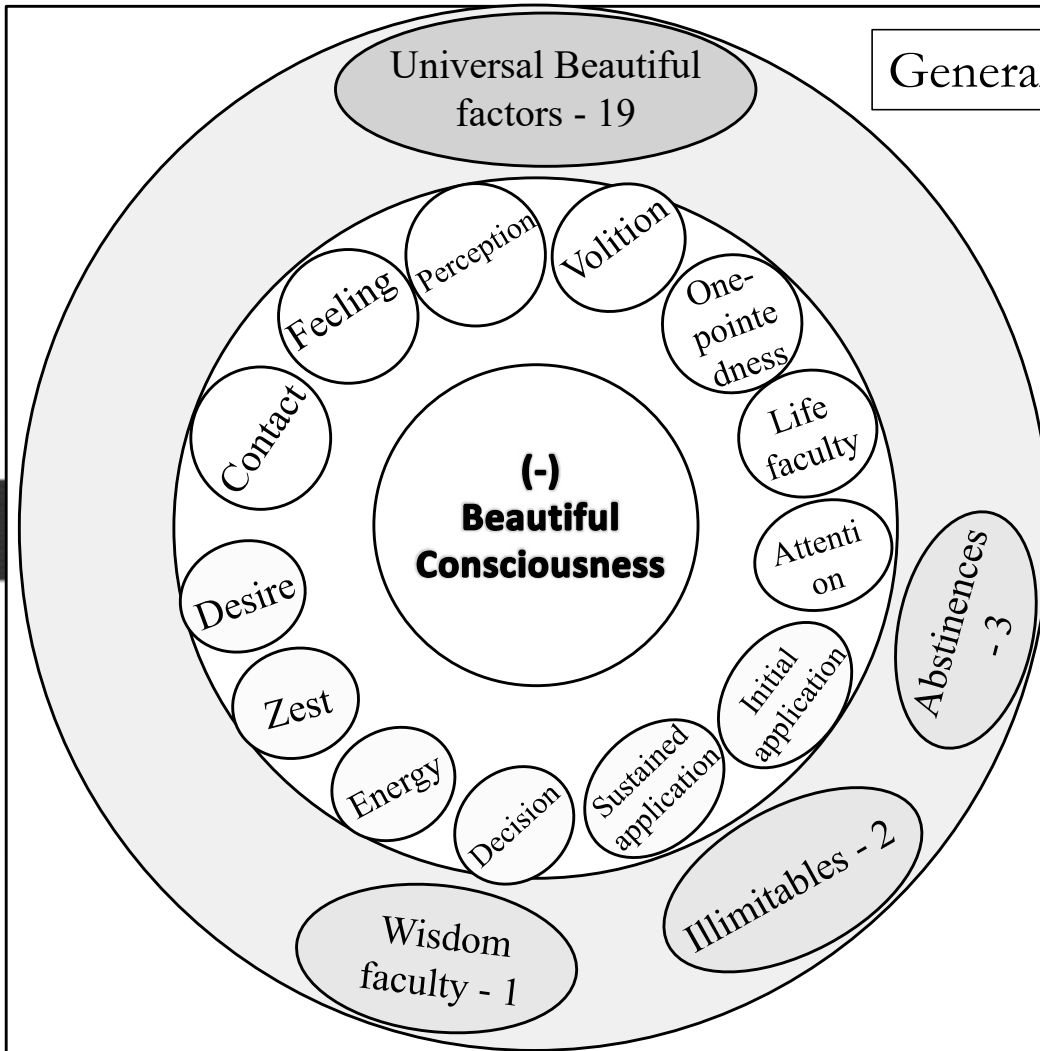
### Rootless Citta – 18

➤ *Aññasamāna* except *Chanda* – 12

### The Combinations of Rootless consciousness – (4 *Nayas*)

1	(1) ( <i>Hasituppāda</i> ) Smile-producing citta Accom...by joy-	<i>Aññasamāna</i> except <b>Chanda</b> = 12 (Universal -7+ Occasional - 5)
2	(2) ( <i>Manodvārāvajjana</i> ) Mind-door Adverting Accom...by equanimity-	<i>Aññasamāna</i> except <b>Chanda</b> and <b>Pīti</b> = 11 (7+4)
	(2) ( <i>Sukha-anīraṇa</i> ) Investigating Accom...by joy-	<i>Aññasamāna</i> except <b>Chanda</b> and <b>Vīriya</b> = 11 (7+4)
3	(3) The five <i>cittas</i> ➤ ( <b>Manodhātuttika</b> ) triple mind element – 3 + ➤ ( <b>Ahetuka-pāṭisandhi-yugala</b> ) The pair of rootless rebirth-linking <i>cittas</i> - 2 (All are accompanied by equanimity)	<i>Aññasamāna</i> except <b>Chanda, Pīti</b> and <b>Vīriya</b> = 10 (7+3)
4	(4) ( <b>Dvipaṇca-viññāṇa</b> ) Two sets of fivefold sense consciousness-10 (All are accompanied by equanimity)	<i>Aññasamāna</i> except Occasionals = 7 (Only universal – 7)

## General description of *Sobhana Citta*



Beautiful Citta – 59 / 91

➤ *Aññasamāna* – 13 +  
Beautiful Factors – 25 = 38

### (3) The combinations of *Kāmāvacara-Sobhana-Citta* (Sense-sphere Beautiful Cittas) – 24

**{12}**  
Naya

(1) Great Wholesome  
(*Mahā-kusala*) – 8

$$Aññasamāna - 13 + \text{Beautiful Factors} - 25 = 38$$

(2) Great Resultants  
(*Mahā-vipāka*) – 8

$$Aññasamāna - 13 + \text{Beautiful Factors except three } \textit{Viratī} \text{ and} \\ \text{two } \textit{Appamaññā} - 20 = 33$$

(3) Great Functional  
(*Mahā-kiriya*) – 8

$$Aññasamāna - 13 + \\ \text{Beautiful Factors except three } \textit{Viratī} - 22 = 35$$

**Each group has - 4 – Nayas = {12} Naya**

(Prompted and Unprompted cittas do not differ in constituency of Cetasika)

(1) First couplet – *Somanassa-sahagata – Ñāṇa-sampayutta – Asaṅkhārika / Sasaṅkhārika*

(2) Second couplet – *Somanassa-sahagata – Ñāṇa-vippayutta – Asaṅkhārika / Sasaṅkhārika*

(3) Third couplet – *Upekkhā-sahagata – Ñāṇa-sampayutta – Asaṅkhārika / Sasaṅkhārika*

(4) Fourth couplet – *Upekkhā-sahagata – Ñāṇa-vippayutta – Asaṅkhārika / Sasaṅkhārika*



(1) The combinations of Great Wholesome (*Mahā-kusala*) – 8

{4} Naya

(1)First couplet –

$$\textit{Aññasamāna} - 13 + \text{Beautiful Factors} - 25 = 38$$

(2)Second couplet –

$$\textit{Aññasamāna} - 13 + \text{Beautiful Factors except } \textit{Ñāṇa} - 24 = 37$$

(3)Third couplet –

$$\textit{Aññasamāna} \text{ except } \textit{Pīti} - 12 + \text{Beautiful Factors} - 25 = 37$$

(4)Fourth couplet –

$$\textit{Aññasamāna} \text{ except } \textit{Pīti} - 12 + \text{Beautiful Factors except } \textit{Ñāṇa} - 24 = 36$$

But here **the (two) illimitables** and **the (three) abstinences** should be combined separately and occasionally. {5}

Three ways of enumeration = At most – (38), Simultaneously – (34) , Always – (33)

Removing unfixed adjuncts = **Always**

Adding one of the unfixed adjuncts = **Simultaneously**

## (2) The combinations of Great Resultants (*Mahā-vipāka*) – 8

{4} Naya

(1) First couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except three <i>Viratī</i> and two <i>Appamaññā</i> – 20 = 33
(2) Second couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except three <i>Viratī</i> , two <i>Appamaññā</i> and <i>Ñāṇa</i> – 19 = 32
(3) Third couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except three <i>Viratī</i> and two <i>Appamaññā</i> – 20 = 32
(4) Fourth couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except three <i>Viratī</i> , two <i>Appamaññā</i> and <i>Ñāṇa</i> – 19 = 31
<p>❖ – Exclude the (two) illimitables – because they take solely sense-sphere phenomena as their object, while the illimitables take the concept of beings as their object.</p> <p>❖ – Exclude the (three) abstinences – there is no refraining from wrong deeds on the occasion of sense-sphere resultants.</p>	

### (3) The combinations of Great Functional (*Mahā-kiriya*) – 8

**{4}** Naya

(1)First couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except three <i>Viratī</i> – 22 = 35
(2)Second couplet –	<i>Aññasamāna</i> – 13 + Beautiful Factors except except three <i>Viratī</i> and <i>Ñāṇa</i> – 21 = 34
(3)Third couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except three <i>Viratī</i> – 22 = 34
(4)Fourth couplet –	<i>Aññasamāna</i> except <i>Pīti</i> – 12 + Beautiful Factors except three <i>Viratī</i> and <i>Ñāṇa</i> – 21 = 33

Sense-sphere beautiful functional consciousness arise only in the Arahants.

❖ Exclude the three *Viratī* – because Arahants, having cut off all defilements, do not need to deliberately refrain from evil deeds.

❖ the (two) **illimitables** should be combined separately and occasionally. {2}

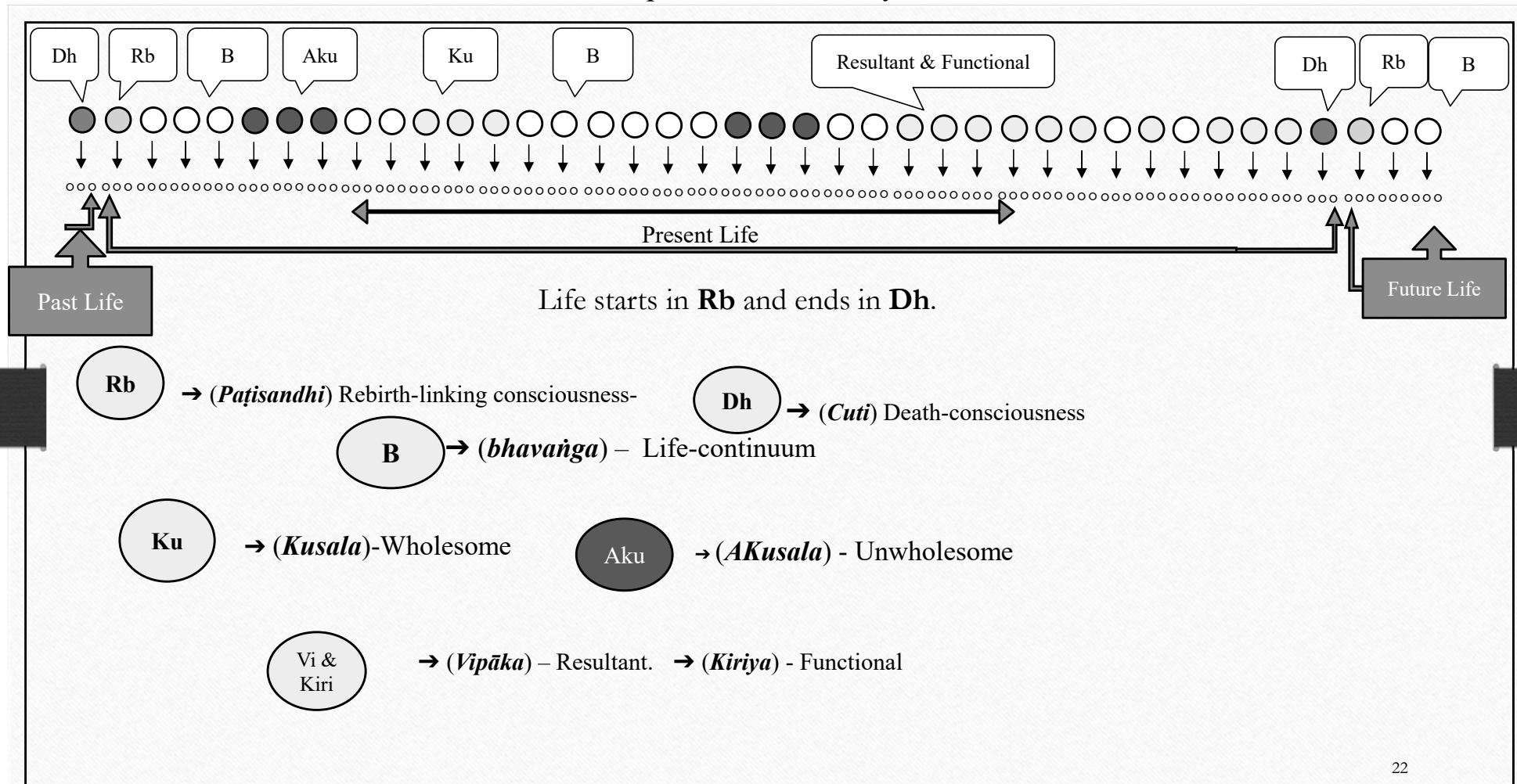
Three ways of enumeration = At most – (35), Simultaneously – (34) , Always – (33)

## (2) The combinations of *Mahaggata-Citta* (Sublime Cittas) – 27

(1) <i>First Jhāna</i> – 3	<i>Aññasamāna</i> – 13 + Beautiful Factors except three <i>Viratī</i> – 22 = 35	With joyful feeling
(2) <i>Second Jhāna</i> – 3	<i>Aññasamāna</i> except <i>Vitakka</i> – 12 + Beautiful Factors except three <i>Viratī</i> – 22 = 34	With joyful feeling
(3) <i>Third Jhāna</i> – 3	<i>Aññasamāna</i> except <i>Vitakka</i> and <i>Vicāra</i> – 11 + Beautiful Factors except three <i>Viratī</i> – 22 = 33	With joyful feeling
(4) <i>Fourth Jhāna</i> – 3	<i>Aññasamāna</i> except <i>Vitakka</i> , <i>Vicāra</i> and <i>Pīti</i> – 10 + Beautiful Factors except three <i>Viratī</i> – 22 = 32	With joyful feeling
(5) <i>Fifth Jhāna</i> – 15	<i>Aññasamāna</i> except <i>Vitakka</i> , <i>Vicāra</i> and <i>Pīti</i> – 10 + Beautiful Factors except three <i>Viratī</i> and two <i>Appamaññā</i> – 20 = 30	With equanimity feeling <sub>20</sub>

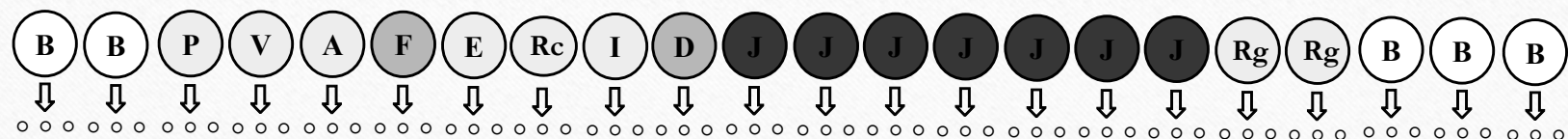
## (1) The combinations of *Lokuttarā-Citta* (Supramundane Cittas) – 40

(1) <i>First Jhāna</i> – 8	<i>Aññasamāna</i> – 13 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 36	With joyful feeling
(2) <i>Second Jhāna</i> – 8	<i>Aññasamāna</i> except <i>Vitakka</i> – 12 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 35	With joyful feeling
(3) <i>Third Jhāna</i> – 8	<i>Aññasamāna</i> except <i>Vitakka</i> and <i>Vicāra</i> – 11 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 34	With joyful feeling
(4) <i>Fourth Jhāna</i> – 8	<i>Aññasamāna</i> except <i>Vitakka</i> , <i>Vicāra</i> and <i>Pīti</i> – 10 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 33	With joyful feeling
(5) <i>Fifth Jhāna</i> – 8	<i>Aññasamāna</i> except <i>Vitakka</i> , <i>Vicāra</i> and <i>Pīti</i> – 10 + Beautiful Factors except two <i>Appamaññā</i> – 23 = 33	With equanimity feeling



## The process of eye-consciousness with unwholesome *javana* (Ordinary / trainee)

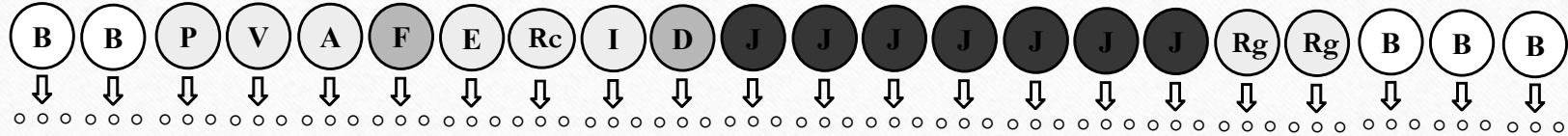
Lesson - 9



<b>B</b>	<i>bhavaṅga</i> – Life continuum
<b>P</b>	Past <i>bhavaṅga</i>
<b>V</b>	Vibrational <i>bhavaṅga</i>
<b>A</b>	Arrest <i>bhavaṅga</i>
<b>F</b>	Five-door adverting
<b>E</b>	Eye-consciousness
<b>Rc</b>	Receiving
<b>I</b>	Investigation

<b>D</b>	Determining = It just determines the object as its types (e.g – recognizes a visible object as visible object.) This is just mind-door adverting consciousness.
<b>J</b> <b>J</b> <b>J</b> <b>J</b> <b>J</b> <b>J</b> <b>J</b>	<p><b>Javana</b> – “running swiftly” (over the object in the act of apprehending it. Normally seven, all identical in kind) {The <b>javana</b> stage is the most important from an ethical standpoint, for it is at this point that wholesome or unwholesome <i>cittas</i> originate. This is so in the case of non-Arahants. For Arahants the <b>javanas</b> are ethically indeterminate. CMA- p.124}</p> <p>Fifty-five <i>cittas</i> that function as <b>javanas</b> are as follow : <b>Unwholesome</b> citta – 12  Wholesome citta – 21  Fruition citta – 4  (except two adverting citta) Functional citta – 18. {see. P.128}</p> <p>( 1) The first <b>Javana</b> moment , being the weakest of all, generates immediately effective <i>kamma</i>.  (2) The last <b>javana</b> moment, being second weakest in the series, generates subsequently effective <i>kamma</i>.  (3) The five intermediate <b>javana</b> moments generate the indefinitely effective Kamma (which can ripen at any time from the second future existence onwards, whenever it gains an opportunity to produce results.  (4) If ripening <i>kammas</i> don’t meet the opportunity to produce the result in their respective lives, they become defunct <b>kammas</b>. And, all remaining <b>kammas</b> become defunct after final passing away (<i>parinibbāna</i>) of <i>arahants</i>. (see- CMA p.205)</p>
<b>Rg</b>	Registration (They are occasional)

**The process of eye-consciousness with unwholesome *javana* (Ordinary / trainee)**



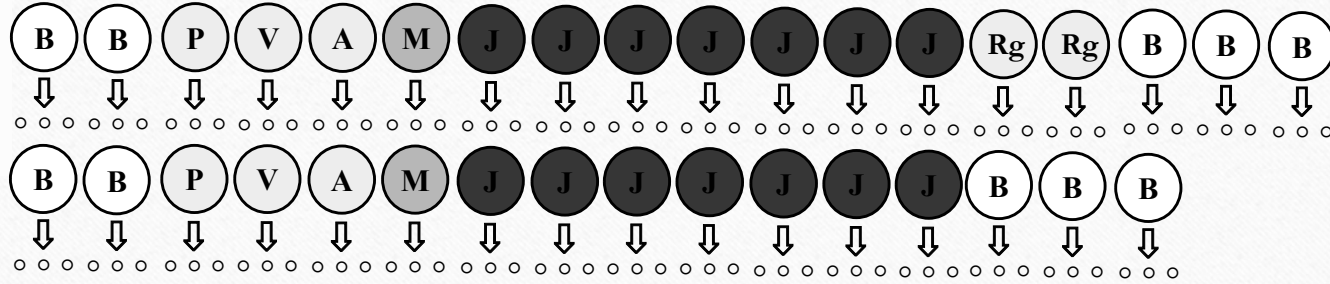
<div> <div>B</div> <div>P</div> <div>V</div> <div>A</div> </div>	<b><i>bhavaṅga</i></b> – Life continuum , Past <b><i>bhavaṅga</i></b> , Vibrational <b><i>bhavaṅga</i></b> , Arrest <b><i>bhavaṅga</i></b> = (19 consciousness) Investigating consciousnesses accompanied by equanimity – 2 + Great Resultant citta – 8 + Sublime resultant citta – 9 = 19
<div>F</div>	Five-door adverting – 1 ← 10 <i>Cetasikas</i>
<div>E</div>	Eye-consciousness – 2 ← 7 <i>Cetasikas</i>
<div>Rc</div>	Receiving – 2 ← 10 <i>Cetasikas</i>
<div>I</div>	Investigating – 3 ← 11 <i>Cetasikas</i> or ← 10 <i>Cetasikas</i>
<div>D</div>	Determining = mind-door adverting consciousness. ← 11 <i>Cetasikas</i>
<div>J</div> <div>J</div>	<b><i>Javana</i></b> – Unwholesome citta – 12 Great Wholesome citta – 8
<div>Rg</div>	Registration – 11 citta (Investigating – 3 + Great Resultant citta – 8 )



## The Mind-door Processes (*Manodvāravīthi*)

Lesson - 9

The mind-door  
process with  
unwholesome *javana*  
(Ordinary / trainee)



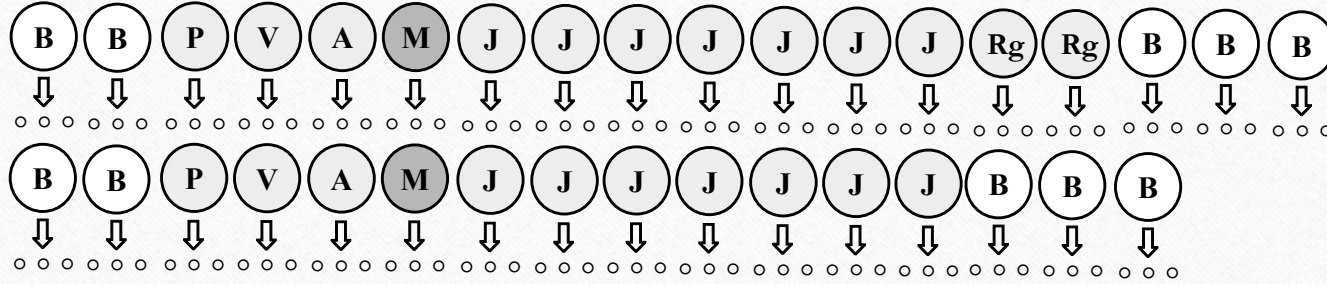
(M)

Mind-door advarting

← 11 *Cetasikas*

*Aññasamāna* except *Chanda* and *Pīti* = 11 (7+4)

The mind-door  
process with  
wholesome *javana*  
(Ordinary / trainee)



The mind-door  
process with  
functional *javana*  
(Arahant)

